

## Standing Together for Snohomish County Youth: 2<sup>nd</sup> Annual Children & Youth Mental Wellness Fair

Saturday, May 6, 2017 • 10AM - 3PM Evergreen Middle School • 7621 Beverly Lane, Everett

With Special Guests:

## Recess Monkey & Houston Kraft

All **Families** Welcome!

In support of the Children's and Youth Mental Health Wellness Fair, All Everett Transit will operate **FARE FREE** on Saturday, May 6, 2017.

DROP IN SESSIONS - NO REGISTRATION NEEDED

9:45 am	Doors Open – Welcome!			
10:00- 11:00 am	Recess Monkey A nationally acclaimed family music band from Seattle. Three elementary teachers who rock!			
10:45- 11:30 am	Attachment and Bonding	Bullying	Signs, Symptoms, and Coping Strategies for Depression and Anxiety	Positive Youth Development
11:45- 12:30 pm	Managing Screen Time & Maximizing Children's Learning	Growing Up LGBTQ	What To Do If I Am Worried About Someone Else	Suicide Prevention
1:00- 2:00 pm	Houston Kraft Speaker-Trainer-Kindness Advocate Houston has worked with nearly 500 schools. He connects through comedy, storytelling and authenticity. He teaches hands-on tools that leave long lasting and sustainable change. He is passionate about helping people create lives with love and purpose.			
2:15- 3:00 pm	Naloxone Training: How To Recognize An Opioid Overdose and What To Do	Signs and Symptoms of Kids' Using: How Do I Talk About It	Cutting and Self Harm	Healthy Relationships
The Everett School District does not sponsor or endorse the activity and/or information contained in this material				

## COMMUNITY RESOURCES **AVAILABLE**

- FREE Food IIAM-3PM
- Disney Movie: 11:30AM



• Jovon Miller **Productions:** Hip Hop & Musical Theatre IIAM-IPM



 Schack Art Center Teen Art Session



• Family Photos All Day 

Organized through community partnerships with Snohomish County Human Services











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